

Brown Bag Food Sampling & Tasting Event



When: Thursday April 10, 2014 9:30 to 11:30

Where: Northampton Senior Center

Brown Bag Program, 67 Conz St, Northampton

For questions: Contact Michele Dihlmann

Telephone 587-1226

Cost of program: FREE

LEARN ABOUT:

- Delicious recipes to make with Brown Bag foods
- Nutrition Tips for Seniors
- Healthy meals for one or two
- Tips for healthy food shopping on a budget

The mission of The Food Bank of Western Massachusetts is to work with our community to reduce hunger and increase food security.

Telephone (413) 247-9738 www.foodbankwma.org



The Food Bank
of Western Massachusetts